

ALTOS

Health is Life



Consoft Powder
Constipation Relief



Benefits

- ✓ It helps to get relief from constipation
- ✓ It helps to protect from gastro-intestinal infections.
- ✓ It helps in relieving from pain aroused due to Flatulence, Bloating & Gas.
- ✓ It is enriched with number of minerals to comfort the intestinal walls.
- ✓ It has anti-oxidants that helps to remove toxic substances from the intestine.
- ✓ It promotes digestive fire within the body to speed up the digestion process.

Dosage

Take 1/2 Tsp with water or milk at night or directed by the physician.

What is Consoft Powder?

Altos Consoft powder contains **Senna** (*Cassia angustifolia*), **Saunf** (*Foeniculum Vulgare*) & **Isabgol** (*Plantago ovata*). Consoft powder is a good Ayurvedic tonic for Constipation. Altos Consoft Powder is helpful in **Chronic Constipation, Acidity & Gas**.

Why people should TAKE ALTOS CONSOFT POWDER?

The ingredients present in Consoft Powder are good for Digestive wellnss. **Senna acts as a Laxative**. It increases Bowel Movements and helps to treat Constipation. **Saunf** helps to eliminate toxins from the body & **Isabgol** helps in Detoxification of the body.



Note

- * Eat fresh fruits & vegetables
- * Take a glass of milk every day

"Each Family Healthy Family"