

ALTOS

Health is Life



CURCUM PLUS

Advance Antioxidant & Anti Inflammatory



WHAT IS CURCUM PLUS ?

Curcum capsule is made with curcumin extract (95%) & black pepper (5%). **CURCUMIN IS THE MAIN BIOLOGICALLY ACTIVE COMPOUND OF TURMERIC.**

As per studies,

Turmeric contains only 2% of Curcumin .

1kg of turmeric = 20 gm of curcumin.

The addition of black pepper in curcum + increases its **absorption to 5 times more .**



DIFFERENCE B/W TURMERIC & CURCUMIN.

Turmeric is a **plant** where as **curcumin** is a compound that is **extracted from turmeric.**

BENEFITS

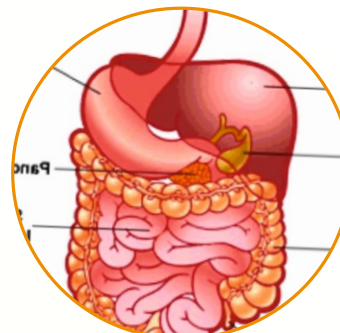
- * Helps to keep you active 24 hrs.
- * It can inhibit the activation of carcinogens through suppression of cytochrome P-450 enzyme which means it is **powerful enzyme to keep your heart active.**



★ Helps to **boost Neurotrophic factor** which means it act as booster for functioning of brain for **e.g due to lack of physical & mental activity, brain function gets slower down.**

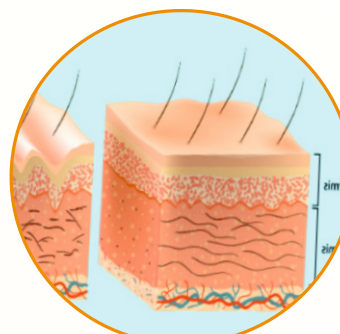


★ Helps to increase the activity of pancreatic lipase, amylase & trypsin. By this, it aids in the digestion process which means it **keeps your digestive system healthy.**



★ Helps to calm skin conditions like **Eczema & Rosacea**. Also, it is good for acne & blemishes.

★ It not only increases the anti oxidant in body but also **activates body's own anti oxidant enzymes.**



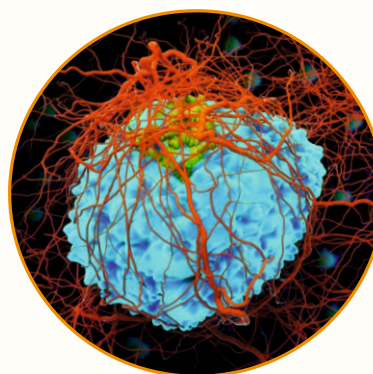
★ Blocks NF-kB, a molecule that turn on the genes related to inflammation.

★ Curcumin inhibits the production of lipoxigenase & cyclooxygenase-2 (COX-2), two enzymes that are involved in promoting inflammation in the body which means, it acts as a most **powerful anti-inflammatory agent.**



★ Chronic inflammation contributes to many common **western diseases such as Cancer, Metabolic Syndrome, Alzheimer's & various degenerative conditions.**

★ Curcumin can suppress many molecules known to play major role in inflammation.



★ Helps to **kill cancerous cells** & helps to **prevent metastasis** that spread cancer in the body.

DOSAGE

Take 1 capsule morning & evening everyday or as directed by the Physician.

**Do not exceed the above mentioned Dose.*