

## What is **P** Hadjod Capsule



Hadjod is an indigenous medicinal plant, grown in India, Sri Lanka & Africa. It has been used since distant past & it is perennial plant of the grape family. It is used in various ayurvedic classical medicines in healing process.

## Why people should **?** eat Altos Hadjod Capsule **?**

HADJOD CAPSULE Bone & Joint Wellness



It is 100% vegetarian. It is free from sugar, artificial colors, flavors & preservatives. Moreover, used in medicines to heal broken Bones, Injured Ligaments & Tendons.

## Benefits

- ✓Helps to reduce blood sugar
- Helpful in reducing weight
- ✓ Valuable to prevent & control type 2 diabetes
- ✓ Helps to accelerate fracture healing
- Helps to strengthen the integrity of bones
- Helps in relieving the pain & inflammation that are associated with fractures
- ✓ Used to treat metabolic dysfunction
- It possesses properties like anti inflammatory, anti oxidant & adaptogenic

## Dosage

1-1 capsules Morning, Afternoon, Evening after food or as directed by the physician

"Each Family Healthy Family"

\* Eat fresh fruits & vegetables \*Take more quantity of water every day IABETES